



## Interprofessional Diabetic Foot Wound Healing Clinic Update

The demand for services being offered through our Diabetic Foot Wound Healing Clinic has become so great that we have now moved into a weekly clinic. As a result, *effective May 25<sup>th</sup>*, the clinic will be open every Monday from 1:00 p.m. to 5:00 p.m. Eighteen (18) patients have been seen in the clinic so far and



services may include visits with the chiroprapist, nurse, doctor, dietitian, Pharmacist, Care Navigator and Mental Health/Addictions Counsellor .

This is a pilot program we are trialing through grant funds from HealthForceOntario and will continue on until September when the continuation of the clinic will be evaluated.

If you are a person living with diabetes and want more information on proper foot care, please speak to your health care provider or any member of our team.

## Social Worker and Dietetic (Nutrition) Services Contracts

Please be aware that if you have a first-time appointment booked with a Social Worker or Dietitian, you will be asked to sign a no-show contract. The purpose of these contracts is to ensure that you understand that by not showing up to your scheduled appointments, you are actually taking away a spot from someone who may benefit from the visit.

Please ensure you attend your booked appointments and speak to one of our team members if you have any questions.

## It's a Boy for Jie!

Jie, SETFHT's Registered Nurse on the Red Team, is now a mommy! We wish her well and look forward to her return in 2010.



## April was Cancer Awareness Month

An estimated 166,400 new cases of cancer and 73,800 deaths will occur in Canada in 2008. On average, 3,200 Canadians will be diagnosed with cancer every week. Do your part and ensure you get screened for the following :

Type of Cancer	Who should be screened?	Screening method and schedule
Breast	All women *	<b>Clinical breast exam</b> by a trained health care provider at your regular check-up, every 1-2 years
	Women age 40 to 49	Talk to your health care provider about having a mammogram
	Women age 50 and over	<b>Mammogram</b> every 2 years, or as recommended by your health care provider
Cervical	All women	<b>Pap test</b> every year, starting within 3 years of first sexual activity If tests are normal for 3 years in a row, Pap tests can be done every 2-3 years Continue Pap tests until at least age 70
Colorectal	Average risk men and women age 50 and over	<b>Fecal Occult Blood Test (FOBT)</b> every 2 years Positive tests should be followed up with a colonoscopy
	Men and women with a family history of colorectal cancer	<b>Colonoscopy</b> at age 50, or ten years earlier than the age at which a parent, brother, sister or child was diagnosed, whichever occurs first
Prostate	Men age 50 and over	Talk to your health care provider about a <b>digital rectal exam and PSA (Prostate Specific Antigen) testing</b>

For more information about cancer screening, please visit the Canadian Cancer Society at: [www.cancer.ca](http://www.cancer.ca)